

SLAA Los Angeles Intergroup
Meeting 03/10/24

3:30pm - Start of Meeting

1. Serenity Prayer

Opened the meeting with the serenity Prayer

2. Readings

- Twelve Traditions
 - Thirty Seconds of Silence Policy
 - Voting Policy (Someone Volunteered to be vote counter)
 - Timer Policy (Someone Volunteered for announcing the Time every 15 minutes)
-

3. Attendee Introductions

- Attendees make introductions
 - Attendees are asked to sign in using QR code if present virtually or in person
-

4. Take Count of Voting Members

- Voting members are either intergroup reps (representing a meeting) or committee representatives. People representing multiple meetings or committees count as only one vote.

5. Officer & Committee Reports

√**Secretary – Michael** – secretary@slaalosangeles.org

√**Record Keeper – Vic** – recordkeeper@slaalosangeles.org

Vic apologies for missing last month's meeting. All thank Jesse filling in last month.

√**Treasurer - Mona** – treasurer@slaalosangeles.org

February:

Donations: 1,210.27| Literature sales: 976.18| Net income: 2,077.45

√ **Bottom Line Editor - Donald** – bottomline@slaalosangeles.org

New literature prices are reflected on the current Bottom Lines.

√ **Meeting Registrar - Matt** – registrar@slaalosangeles.org

No official report- working with Alex on updating the online meeting sheet on the website.

Virtual Meeting Registrar - Manuel – virtualmeetings@slaa.losangeles.org

Official report posted and available online. For the month of February it was quiet- most inquiries were issues with people online and Manuel will follow up with them. One meeting fell off and was removed, there was 1 glitch where the jot forms were not being received for new meetings or changes to existing meetings- Jayk assisted to get the requests back and running.

Send virtual meeting changes to virtualmeetings@slaa.losangeles.org

√ **Phone Line – Kylee**

Kylee received calls this month by people asking about meetings, clarity if meetings are there, and people recommended to call.

√ **Literature – David H.** – literature@slaalosangeles.org

We have new order forms with updated prices to take back to meetings- Basic texts are now \$16 now and so on (see updated prices below). An email will be sent out with the updated prices as well.

The updates prices are also on the shared drive.

The updated prices are not reflected on the current online order form. Those ordering literature will pay the old price until the new prices are updated on the order form by the Webmaster. Order form: <https://www.slaalosangeles.org/order-literature>

A new literature assistant is needed to help David fill orders prior to the monthly intergroup meeting.

New Prices:

ITEM	PRICE
BOOKS	
Basic Text	\$16.00
State of Grace(hardcover)	\$25.00
State of Grace(softcover)	\$13.00
Step Workbook	\$10.00
Sober Dating: Questions	\$10.00
PAMPHLETS	
40 Questions	\$1.00
Addiction and Recovery	\$1.00
Addicted to Sex? Love?	Free
Anorexia	\$1.00
For the Professional	Free
Healthy Relationships	\$1.00
Intro to SLAA	\$1.00
Measuring Progress	\$1.00
Pocket Tool Kit	\$1.00
Questions Beginners Ask	\$1.00
Renewal of Sobriety	\$1.00
Romantic Obsession	\$1.00
Setting Bottom Lines	\$1.00
Sponsorship	\$1.00
Suggestions for Newcomers	\$1.00
Welcome	\$1.00
Withdrawal	\$1.00

TOPICAL BOOKLETS	
Anorexia 1-2-3	\$4.00
Anorexia 4-5-6-7	\$4.00
Anorexia Recovery Tools	\$4.00
Gift of No Contact	\$4.00
Guide to the Steps	\$4.00
Tiggers as a Resource	\$4.00
JOURNAL FOCUS BOOKLETS	
12 Step Focus	\$6.00
Anorexia (1999-2016)	\$ 6.00
Anorexia Focus	\$ 6.00
Healthy Relationships	\$ 6.00
Sober Dating	\$ 6.00
Step 6	\$ 6.00
Step 7	\$ 6.00
Withdrawal Focus	\$ 6.00
Misc. Journals	\$ 6.00

PLASTIC MEDALLIONS	
Step 1	\$ 1.00
Step 2	\$ 1.00
Step 3	\$ 1.00
Step 4	\$ 1.00
Step 5	\$ 1.00
Step 6	\$ 1.00
Step 7	\$ 1.00
Step 8	\$ 1.00
Step 9	\$ 1.00
Step 10	\$ 1.00
Step 11	\$ 1.00
step 12	\$ 1.00
Welcome Chip	\$ 1.00
One Day	\$ 1.00
1 Week	\$ 1.00
1 Month	\$ 1.00
2 Months	\$ 1.00
3 Months	\$ 1.00
6 Months	\$ 1.00
9 Months	\$ 1.00

BRONZE MEDALLIONS	
1 Year	\$ 6.00
1 1/2 (18 Months)	\$ 6.00
2 Years	\$ 6.00
_ _ Years	\$ 6.00
MISCELLANEOUS	
Bookmark	\$ 2.00
Newcomer's Packet	\$4.40
Supporting SLAA 60/40	free
12 Guidelines (Dealing w/ Media)	free

√ **Journal Rep – Lisa**– journalrep@slaalosangeles.org

Last question: Pets, how have they affected your recovery? **Deadline:** March 15th
Available on the website (slaafws.org)

√ **Webmaster - Alex**– webmaster@slaalosangeles.org

Site sessions are down 3%
But still good.

Spanish Language – José G.– spanish@slaalosangeles.org

José not present.
Michael (Secretary) will add his report to google drive.
Jose would appreciate it if anyone has any knowledge of SLAA Spanish meetings.

√ Workshops & Retreats - Jesse

Our first SLAA Workshop is this upcoming Saturday (03/16/24) at Saint Basil's Church in Korea Town. \$10 to get in. Cash or venmo accepted. Information on the retreat is on the Bottom Lines packet as well as on the Website under events.



The Los Angeles Intergroup and the Workshop Committee

Cornerstones of Recovery

Spirituality, Steps & Sponsorship

'Featuring Panel Discussions With Attendee Participation'

When: Saturday, March 16th, 2024 1:00 PM to 5:00 PM
12:30 - 1:00PM Registration *

To avoid interrupting the program please arrive on time,
if you do arrive after 1:00 PM, you are required to pay the
registration fee immediately.

Where: St. Basils Catholic Church

McIntyre Hall

3611 Wilshire Blvd.

Los Angeles, CA 90005

PARKING IS FREE

√ H&I Committee/Public Committee Info Conduit - Max B.

Requested support on fellowship wide services level.

Digit outreach sub committee has the youtube channel and is growing- needs support having professionals who can work with youtube and do the recordings. Also needs help with military Veterans outreach. Veterans are an underserved community within SLAA and there's a great need.

√ Speaker List Keeper - Aaron- Mona filed in- speakerslist@SLAAlosangeles.org

Aaron AWOL. Mona filed in. Michael will reach out to Aaron regarding his interest in maintaining this position.

If you need help finding speakers there's a list. This list is not available to the public. Email speakerslist@SLAAlosangeles.org to receive a copy.

If you would like to be of service and are willing to speak (there is no requirement other than working the 12 steps), email the above address to get added to the list.

√ **Audio Library Committee - Jayk G.** – [audio@slaalosangeles.org/](mailto:audio@slaalosangeles.org)
jaykgallagher@gmail.com
slaalosangeles.org/audio

Our program has less audio than other 12-step programs and we have been collecting recovery audio.

Jayk just uploaded a huge amount of audio. One meeting, Artists in Recovery, turned in a lot of audio. A North Hollywood Women's meeting submitted audio as well.

We always need more audio. Please record yourself sharing your experience, strength, and hope and submit to audio@slaalosangeles.org. There is a flier for this in the shared intergroup folder to take back to your meetings.

√ **Steps Traditions and Concepts committee Conduit- Eric**

Passed motion for individuals to have attended a least one meeting to be able to comment.

√ **SLAA Los Angeles Board of Trustees- Dave**

Board of trustees had annual meeting elections- Michael took the role of secretary- Diane staying on a CFO- and Chris is a new member

√ **ABM Delegates**

√ **Jayk- ABM Delegate**
audio@slaalosangeles.org

The Annual Business Meeting (ABM) happens once a year in August, either virtual or in person. This year's ABM will be online only, entirely virtual.

Jayk is on the tech committee- they just chose the voting platform they will use for the ABM. The platform they will use is the same one used by the HOA- "We're voting as if we are HOAs to make things happen but it's also extremely stable and good."

The ABM needs people to help be zoom moderators- "If you know how to mute and spotlight people we need your help" Please reach out to audio@slaalosangeles.org if you are willing to help.

There is no early bird discount this year. The cost for delegate to attend is \$190

√ Literature Committee Conduit- Stephanie

Did not submit an official report- will submit a report later on.

2 pieces of literature have been approved. ABM will vote on it .

Style sub-committee will vote to edit the literature- Stephanie is involved with this committee as well.

Stephanie expects to know by tomorrow if it will be official and will update.

6. New Business

Elections

Positions filled:

AV Tech Position: James

A. AV Tech Position

- Need someone to fill in the AV tech position- Alex filling in as AV Tech

James- "If no one else wants it I'm happy to assist"

James is nominated.

James qualifies: AV background, 4 years in the program- "I won't steal your shit"

Motion to waive pro and cons.

Second.

Vote: James is elected.

B. Sponsorship committee conduit

- Go to one, one-hour meeting and report back to us
- Michael nominates Toni
- Second
- Toni states she is unable to attend the meeting
- Waived election for this position.

C. Translation committee conduit

No interest

D. Diversity committee conduit position

Position open

This meeting has been skipped for several months

ABM Representation Discussion

Item submitted for discussion by Max B: increasing representation of Los Angeles Intergroup at ABM.

Max: As one of the largest Intergroups of our fellowship we are underrepresented at the level of FWS at the ABM and the seats on the FWS BOT. We currently have over 175 meetings on our meeting lists both in person and virtual. Other Intergroups may be much smaller than Los Angeles and are sending a larger number of Delegates. We need to find an appropriate number of delegates to send representing Los Angeles that is in line with other groups.

A few attendees voiced that they do not see the need or advantage of sending additional delegates to this year's ABM and feel that we are adequately represented.

7. Announcements for the Good of the Order

Mona (Treasurer) will be looking for an assistant in the upcoming months. Ask your meeting if anyone is open to being of service at the intergroup level. 6 month sobriety requirement | 2 year term

Michael: May intergroup will be pushed back due to Mother's Day. Will be the third sunday of May: May 19th

8. Adjournment

Meeting ends 5 minutes early. Michael "This never happens.". We closed the meeting w/ the "WE" version of the Serenity Prayer.
