



# THE BOTTOM LINE



October 2022 Edition

Step 10: *“Continued to take personal inventory and when we were wrong, promptly admitted it.”*

“When I started working the 12 steps, I thought I would just be looking at past behaviors, but the further I work the 12 step program of S.L.A.A. I recognize that I have plenty of chances each week (who are we kidding, each hour!) to turn over resentments, to take ownership for my wrong doings, and to make amends. I am grateful for my sponsor for continuing to encourage me to “write a fourth step,” or say “have you prayed or written about that?” lol it’s almost like... it works if you work it! The more I continue to be willing to look at my day and turn everything over to a higher power, or acknowledge my faults, the less likely I am to want to act out.” - ET

**25th Annual Spiritual Renewal & Recovery Retreat**  
Friday, November 25 - Sunday, November 27th

### We want to hear from you!

Share your experience on Step 8!  
Email in a short blurb to be featured in  
next month’s issue!

[BottomLine@SlaaLosAngeles.org](mailto:BottomLine@SlaaLosAngeles.org)

### INSPIRATION LINES

*Call for 24/7 relief to listen and be inspired  
by a new recorded Speaker each week*

**6-Minute Recording:** (215) 574-2120  
**20-Minutes Recording:** (215) 574-2121

### TELEPHONE MEETINGS

[www.slaafws.org/telephonemeetings](http://www.slaafws.org/telephonemeetings)

### Virtual Meeting Guide:

[www.slaalosangeles.org/virtual-meetings](http://www.slaalosangeles.org/virtual-meetings)

### Donations

Venmo: @SlaaLosAngeles

Paypal app: @slaala

Paypal: [donate@slaalosangeles.org](mailto:donate@slaalosangeles.org)

Amazon: [smile.amazon.com](https://smile.amazon.com)

Choose “SLAA Los Angeles Inc” as your “charity.”

Please note in the Memo what the donation is for.

### venmo



@slaalosangeles.org  
phone # last 4: 8741

### In-Person Meeting Guide:

[www.slaalosangeles.org/  
copy-of-current-meetings](http://www.slaalosangeles.org/copy-of-current-meetings)

### Local Intergroup

[www.slaalosangeles.org](http://www.slaalosangeles.org)

S.L.A.A. Los Angeles, Inc.

P.O. Box 480379,

Los Angeles, CA 90048, USA

310-595-8741

# Recovery Word Search

O	C	M	H	R	E	F	L	E	C	T	I	O	N	J	V	A	P
C	P	O	P	A	R	T	N	E	R	S	H	I	P	I	A	S	R
H	O	R	O	A	D	D	I	C	T	I	O	N	R	A	D	S	O
A	W	E	M	P	L	P	R	A	C	T	I	C	E	G	M	E	M
N	E	S	U	P	E	R	S	P	E	C	T	I	V	E	I	S	P
G	R	P	Y	P	B	R	L	T	N	R	M	S	R	B	T	S	T
E	L	O	J	K	M	O	A	S	T	E	P	T	E	N	T	M	L
S	E	N	I	N	V	E	N	T	O	R	Y	J	B	E	E	E	Y
R	S	D	F	A	U	L	T	S	I	F	M	R	V	N	D	N	U
Q	S	Z	O	W	F	R	E	E	L	O	F	M	S	K	V	T	V
G	E	T	C	U	R	R	E	N	T	M	N	D	L	F	T	K	M
I	G	Q	D	E	F	E	C	T	S	I	G	N	A	L	S	K	T

Find the following words in the puzzle. Words are hidden ↓ → and ↘

ADDICTION

FREE

PRACTICE

ADMITTED

GET CURRENT

PROMPTLY

ASSESSMENT

INVENTORY

REFLECTION

CHANGES

PARTNERSHIP

RESPOND

COOPERATION DEFECTS

PERSPECTIVE

SIGNALS

FAULTS

POWERLESS

STEP TEN

## **6:30 PM Fridays**

810 Pacific Coast Highway. Parking Lot 8 North

We meet on the sand in between lifeguard tower 8 and the volleyball courts. **Bring beach chairs or a blanket.** \*If we have rain or heavy wind, please meet at Mel's Drive-In 1670 Lincoln Blvd.\*

For more information Call or Text Max B: 732-337-1926

### In Person Meetings

*For more information please visit: [www.slaalosangeles.org/copy-of-current-meetings](http://www.slaalosangeles.org/copy-of-current-meetings)*

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor or	LOCATION	MEETING NAME	COMMENTS
SUNDAY	8:30 AM	In-Person Only	<b>Outdoor</b> or	Los Angeles State Historic Park 1245 N. Spring St. Los Angeles, CA 90012	Focus on Spirituality	Entrance is at Messengers St and Spring. Map is on the website. Bring something to sit on - the grass is usually wet. Metered parking lot or street.
SUNDAY	11:00 AM	In-Person Only	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069	Serenity on Sundays	Closed meeting. All genders. Meditation & Sharing. LA County Policy on Masks.
SUNDAY	11:00 AM	In-Person Only	Indoor	West Hollywood Recovery Center, Room 1 626 N Robertson Blvd West Hollywood, CA 90069	Serenity on Sundays	Closed meeting. All genders. Speaker and Sharing. Meditation. LA County Policy on Masks.
SUNDAY <b>Men Only</b>	1:00 PM		Indoor	Pathfinders Club 3367 Glendale Blvd Los Angeles, CA 90039	Sunday 1pm Men's Stag	Men's Stag - <a href="#">Enter through the door to the right of the main entrance door or the back door.</a>
SUNDAY <b>Once Per Month Only!</b>	3:30 PM	BOTH In-Person AND Online	Indoor	Silverlake Community Church Fellowship Hall 2930 Hyperion Ave Los Angeles, CA 90027	<b>INTERGROUP MEETING</b>	<b>Second Sunday of the month only.</b> Intergroup meeting for SLAA Los Angeles. Intergroup Reps from each meeting in LA vote on issues. Literature & Chips Pickup.
SUNDAY	4:00 PM	In-Person Only	Indoor	Presbyterian Church 5751 Platt Ave Woodland Hills, CA 91367	Step Study	One Hour Step Study

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor	LOCATION	MEETING NAME	COMMENTS
SUNDAY	4:00 PM	In-Person Only	Indoor	SHARE! 6666 Green Valley Circle Culver City, CA 90203	Newcomers "A Path to Healthy Relationships"	Starts 7/18 Co-Ed Speaker Chips Given Newcomer Focus
SUNDAY <b>Women Only</b> <b>NEW!</b>	7:00 PM	BOTH In-Person AND Online	Indoor	MCC United Church of Christ in the Valley 5730 Cahuenga Blvd. North Hollywood, CA 91601	Women's Sunday Brentwood Meeting	Meeting has a rotating format of speakers, reading, and open sharing, and goes from 7-8:30PM.
SUNDAY	7:30 PM	In-Person Only	Indoor	Mount Olive Lutheran 1118 Allen Ave Pasadena, CA 91104	-	All Gender Meeting is downstairs
MONDAY	7:30 AM	BOTH In-Person AND Online	Indoor	Harmony Toluca Lake Church 4301 Cahuenga Blvd Toluca Lake, CA 91602	"Thank God it's Monday: Valley Edition"	1 Hour Alternates between a guest speaker and a Step from the SLAA basic Text
MONDAY	7:30 AM	<b>Suspended</b>	Indoor	Community Room at 8000 Sunset Strip in Los Angeles	Anorexia Focus	<b>Suspended</b>
MONDAY	8:30 AM	In-Person Only	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069	Thank God It's Monday	No size limit, but please bring a mask. Parking at Weho Library on San Vicente. All gender
MONDAY	Noon	In-Person Only	Indoor	Colorado Center 2500 Broadway Ave Santa Monica, CA 90404	Building Relationships	1 Hour. All Gender. Group Sharing Community Room Across from Helen's Cycles
MONDAY	7:00 PM	BOTH In-Person AND Online	Indoor	Downtown SHARE! 425 S Broadway Los Angeles, CA 90013	All Welcome Downtown	All Gender. Chips Given. Newcomer Focus <b>NOTE To attendees: Please show up at least 5 minutes early</b>
TUESDAY	7:30 AM	<b>Suspended</b>	Indoor	Farmers Market		<b>Suspended</b>
TUESDAY <b>NEW!</b>	8:30 AM	In-Person Only	Indoor	Farmers Market Upstairs Community Room 6333 W. 3rd Street Los Angeles, CA 90036	Don't Miss The Miracle	Room upstairs in the food court. All Gender. Speaker. 1 hour meeting; Focus on spirituality 10 minute meditation
TUESDAY	7:00 PM	BOTH In-Person AND Online	Indoor/ Outdoor	St. Luke's Evangelical Lutheran Church, 5633 E Wardlow Rd Long Beach, CA 90808	Long Beach 7 pm Study St Luke's	All Gender. Literature Study. Chips Given. Closed Meeting. Please bring a mask. Small Meeting.

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor	LOCATION	MEETING NAME	COMMENTS
TUESDAY	7:30 PM	In-Person Only	Indoor	Neighborhood Unitarian Universalist Church 301 N. Orange Grove Blvd, Room 25 (upstairs) Pasadena, CA 91103		All Gender. Closed Meeting. Handicapped Access. Newcomer Focus. Speaker Meeting. Book Study. Literature Meeting. Chips Given
WEDNESDAY	8:30 AM	BOTH In-Person AND Online	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069 online ID: 88066048247	Healthy Relationships	Will be both online and in-person For online password, email: WeHoRecoverySLAA@Gmail.com
WEDNESDAY <b>Men only</b>	5:30 PM	In-Person	Indoor	Farmers Market Community Room 3rd and Fairfax 6333 W. 3rd Street	Fantasy Island	Men's Stag 1 Hour Everyone Shares
WEDNESDAY <b>Women only</b>	6:00 PM	BOTH In-Person AND Online	Indoor	Atlantic Alano Club 600-1/2 Redondo Ave Long Beach, CA 90814 online ID: 791 0609 5069	Healing Hearts	Women only- Speaker, Open Sharing, Literature. Email <a href="mailto:HealingHeartsLBC@gmail.com">HealingHeartsLBC@gmail.com</a> for zoom password.
WEDNESDAY	7:30 PM	In-Person Only	Indoor	WHRC 626 N Robertson Blvd West Hollywood, CA 90069	Restored to Sanity	Steps 1 2 & 3. All Addicts Welcome / Masks Required Park at Library on San Vicente
WEDNESDAY	8:30 PM	In-Person Only	Indoor	Pathfinders Alano Club 3367 Glendale Boulevard Los Angeles, CA 90039	Meditation	All Gender. <b>On Glendale Blvd about 1 mile north of the 5</b>
THURSDAY	6:00 PM	In-Person ONLY	<b>Outdoor</b>	Silverlake Community Church 2930 Hyperion Ave. Los Angeles, CA 90027	Brunswick Patio	Socially distanced. 1.5 hour, 20 minute speaker, Tag-pass sharing on a topic. Chips given. Birthdays celebrated. <b>Has an ASL interpreter on the 2nd Thursday of every Month.</b>
THURSDAY	6:15 PM	BOTH In-Person AND Online	Indoor	SHARE! 6666 Green Valley Circle Culver City, CA 90203	Courtship: From Fantasy To Reality	All Gender Chips Given Closed (identify S.L.A.A. only)
THURSDAY <b>Restarting 10/6/22!</b>	8:00 PM	IN PERSON	INDOOR	SHARE! 6666 Green Valley Circle Culver City, CA 90203	ALL GENDER	* All Gender * Speaker * Meditation * 90 Minute Meeting
FRIDAY <b>Men Only</b>	8:30 AM	In-Person Only	Indoor	St. Bedes 3590 Grand View Blvd Los Angeles, CA. 90066	Focus on the Solution	<b>Men Only- 1 Hour Meeting</b> Parish Hall entrance on Charnock. The focus is on the solution. Book study, speaker and voluntary sharing. A portion reserved for newcomers to share.
FRIDAY	10:00	BOTH	Indoor	Pathfinders Club		<b>Women and Non-Binary</b>

DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor	LOCATION	MEETING NAME	COMMENTS
<b>Women+NB</b>	AM	In-Person AND Online		3367 Glendale Boulevard Los Angeles, CA 90039		<b>MASK &amp; PROOF OF COVID VACCINATION REQUIRED.</b>
<b>FRIDAY NEW ALL GENDER MEETING</b>	Noon	In-Person Only	Indoor	Colorado Center 2500 Broadway Ave Santa Monica, CA 90404	Building Relations	All Gender - 1 hour, Group Sharing Community Room Across from Helen's Cycles
<b>FRIDAY</b>	6:30 PM	IN-PERSON ONLY	<b>Outdoor</b>	Santa Monica - Parking lot 8 North. on the beach	11TH STEP	11th Step by the Sea PARKING INFO ABOVE!
<b>FRIDAY Men Only</b>	6:30 PM	In-Person ONLY	Indoor	Café Tropical 2900 W. Sunset Blvd Back Room	Men's Stag	Men's Stag - Separate from the virtual meeting at the same time Please note: No restroom facilities
<b>FRIDAY Women and Non-Binary</b>	8:30 PM	BOTH In-Person AND Online	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039		<b>Women and Non-Binary, 1 Hour Speaker Meeting. MASK &amp; PROOF OF COVID VACCINATION REQUIRED.</b>
<b>SATURDAY</b>	9:30 AM	BOTH In-Person AND Online		MCC - United Church 5730 Cahuenga Blvd North Hollywood, CA 91601	Fantasy, Romance, Intrigue	All gender, 1.5 hour
<b>SATURDAY Men Only</b>	10:00 AM	In-Person ONLY	Indoor	The Log Cabin 621 N Robertson Blvd West Hollywood, CA 90069	SLAA Beach Boyz	Men's Stag
<b>SATURDAY</b>	10:00 AM	In Person ONLY	Indoor	Douglas Park 2439 Wilshire Blvd Santa Monica, CA 90403	Artists in Recovery	All Gender Speaker Meeting 1.5 hour
<b>SATURDAY</b>	11:00 AM	In-Person ONLY	Indoor	WHRC 626 N Robertson Blvd, West Hollywood, CA 90069	Tools of Recovery	Room # 1
<b>SATURDAY</b>	4:30 PM	In-Person ONLY	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039	Sober Dating	The In-Person meeting and the Online meeting are now two separate meetings
<b>SATURDAY</b>	6:00 PM	In-Person ONLY	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039	Signs of Recovery	All Gender, Mask Optional, Speaker/Share format with a focus on the Signs of Recovery, Chip Meeting. Formerly at Kaiser.

To be of service to SLAA community and help it grow. Tradition Five says "Each group has but one primary purpose — to carry its message to the sex and love addict who still suffers." The more meetings we have, the stronger our fellowship will get. The more people we attract, the more opportunities we have for our recovery.

Imagine starting a meeting that will serve a great purpose to those who need it for many years to come!

[www.slaalosangeles.org/start-a-new-meeting](http://www.slaalosangeles.org/start-a-new-meeting)





# 25<sup>th</sup> Annual Spiritual Renewal & Recovery Retreat\*

**Friday, November 25<sup>th</sup> through Sunday, November 27<sup>th</sup>  
Serra Retreat Center, Malibu, California**

Our 25<sup>th</sup> annual SLAA retreat will be held once again at the Serra Retreat Center, a monastery located in the foothills of the Santa Monica Mountains overlooking the Pacific Ocean. Surrounded by quiet gardens and fountains, the Center is the ideal setting for a re-commitment to personal recovery.

The retreat was developed as a time for reflection and renewal with plenty of opportunity for quiet walks and conversation. Planned activities include workshops, small group sharing, a recovery panel, keeping current meetings, and group activities. Also, the retreat is a fundraiser for FWS (Fellowship-Wide Services).

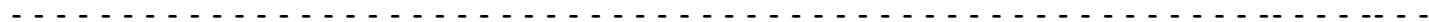
\$260 each shared/double room occupancy or \$320 single room occupancy before November 1<sup>st</sup>  
\$280 each shared/double room occupancy or \$340 single room occupancy after November 1<sup>st</sup>

Retreat fee includes room, linen, all meals from dinner on Friday night until lunch Sunday, and all activities. Registration and attendance is limited so early registration strongly advised. No scholarships or refunds available – we ask you to find a replacement if you’ve registered and can’t attend. Proof of recent negative covid test (last 72 hours), proof of vaccination, and the wearing of masks inside the buildings is mandatory. However, these requirements may change as we approach November. Registered attendees will be kept informed.

To register send this completed form and retreat fee to:  
SLAA-L.A., % G. Lindsay, 756 So. Plymouth Blvd, No 3, Los Angeles, CA 90005

Make checks/money orders payable to: S.L.A.A. Los Angeles, Inc  
Directions & instructions will be sent to you on receipt of your registration  
For additional info: 323-424-3120 or [gglind@yahoo.com](mailto:gglind@yahoo.com)

\*open to identified sex & love addicts only



Name

Phone

Street

Email

City, State, Zip

Amount enclosed

Room: single / shared (circle)

Roommate name

Double occupancy – need roommate? Y / N (circle)

Vegetarian? Y / N (circle)

1976 - 2026

# WHAT IS YOUR STORY

*Do you have an S.L.A.A. story of experience, strength, and hope?*

SEX AND LOVE ADDICTS ANONYMOUS  
50<sup>th</sup> ANNIVERSARY EDITION - BASIC TEXT

## WOULD YOU LIKE TO HELP OTHERS BY SHARING YOUR STORY?

S.L.A.A. is preparing a special 50th-anniversary edition of our Basic Text, *Sex and Love Addicts Anonymous*. We are seeking new stories of recovery for this new edition.

## DO YOU HAVE AN S.L.A.A. STORY OF EXPERIENCE, STRENGTH, AND HOPE?

- Personal stories with diversity in such areas as gender identity, sexual preference, religion, ethnicity, nationality, length of sober time, age, and the like.
- Personal stories that describe various manifestations of sex and love addiction, such as anorexia, fantasy, romantic obsession, sex and technology, and so on.
- Personal stories about different areas of sober living, such as sober dating, healthy relationships, reconciliation with a spouse or partner, and living single.

## NOT SURE WHAT TO SHARE?

- Tell us what your life was like before, what happened, and what it is like now.
- Tell us how you worked the program, perhaps focusing on one or all of our Preamble's Five Major Recovery Resources: Sobriety, Sponsorship and Meetings, Service, Steps, and Spirituality.
- Tell us what you've learned about yourself, dealing with others, and spiritual principles.
- Tell us the basic facts such as your gender, age, ethnicity and nationality, religion or spiritual background, sexual preference, time in S.L.A.A., bottom lines, relationship with a sponsor, time sober in S.L.A.A., experience with relapse and slips, membership in other 12-Step programs, or anything else that impacts your story.
- Tell us how you stay active in long-term sobriety.
- We encourage international stories submitted in English.

## HOW TO SUBMIT YOUR SHARE

Please complete the disclaimer form found here: [Release and Disclaimer Agreement for New Stories \(Final\)](#)  
**SUBMIT YOUR STORY AND THE COMPLETED DISCLAIMER FORM USING THE LINK BELOW NO LATER THAN DEC 15, 2022:**

Visit <https://slaafws.org/committee/clc/> to submit  
Must submit as Word Document before Dec. 15th 2022