

SLAA Los Angeles IG Minutes – September 13, 2020

1. Serenity Prayer
2. Readings:
 - a. Twelve Traditions
 - b. Updated Thirty Seconds of Silence POLICY – The host will have the ability to remove a caller if there is inappropriate behavior.
 - c. Voting Policy (Volunteer for vote counter)
 - d. Timer Policy (Volunteer for announcing the Time every 15 minutes)
3. Attendee Introductions
4. Take Count of Voting Members – 39
5. Officer & Committee Reports:
 - a. Chair – (Dave G)
 - Welcome New IG Reps (Email me at secretary@slaalosangeles.org)
 - b. Record Keeper – (Max)
 - Read minutes from last meeting **Approved**
 - c. Bottom Line Editor – (Nicholas)
 - Bottom Lines have been posted for Sept/Oct and on the Website. Joke for the month – “Thought 8 pages for my dating plan was enough, had to add another for ‘Dating in a Pandemic’ “
 - d. Meeting Registrar – (Jayk)
 - Make sure you sign-in today and private message your email to Jayk in order to receive the password for the meeting.
 - e. Phone Line – (Fabiana)
 - 4 calls this month. Fabiana has to go to Europe for work and needs someone to cover her commitment for the remaining three months.

15 minute reminder

- f. Literature – (Desiree C.)
 - Literature distribution during Covid-19 committee. Have had four meetings. Voted in Diane to be co-chair. Looking at the process of being able to distribute literature in person by the end of the month. More information on the website about how to order in person. There is a list of people you can contact based on your location. If interested in getting involved, contact literature@slaalosangeles.org
- g. Treasurer – (Julie G.)
 - Donations are down \$4341.02 due to lackluster literature sales, ABM, etc.
 - Finances will be posted on the website.
 - Dave commented that this is where we usually are this time of year.
 - Question – Where is the matching donation in the budget?
 - a. We don’t have a matching program for LA Intergroup, just FWS
 - b. BoT will be making announcements about how to make additional contributions.
- h. Mail Clerk – (Steve)
 - Nothing in the mail.
- i. Journal Rep – (Glen F.)
 - Would like to give gratitude for all those who worked on the audiobooks. In the process of having them posted through FWS.
 - Question of the day: Reconciliation. Please share your experience strength and hope. Answers due the end of this week

15 minute reminder

- j. Webmaster for S.L.A.A. Website – (Diane H.)
 - 4252 Unique visitors. Views down 3%
 - Direct newcomers to the site - Newcomer section is on there
 - Audio is on there.

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- k. Workshops & Retreats – (Beau) 9/19 flyer attached
 - Upcoming workshop on Saturday. Hosted online on Zoom. 1-4 pm. There is a flyer with all of the information. Flyer is not shared publicly.
 - You can distribute to people in the program, just not on public websites. You can post it in meetings.
 - Retreats committee did an impromptu vote to not have the retreat in Malibu this year. Will be putting together a Zoom event around Spirituality, Resilience and Renewal. Details forthcoming.
- l. H&I Committee – (Glenn S)
 - No announcements
- m. ABM Delegate Announcements (Mona)
 - No announcements
- n. Speaker List Keeper – (Kevin)
 - No announcements
 - Diane has been getting several notifications that people have been requesting but not getting them.
- o. Literature Copier – (Nick)
 - Nick is stepping down. No announcements
- p. Conference Committees:
 - Literature Committee Conduit – (Lisa C)
 - i. Approved the Anorexia 8,9 for 2021 ABM
 - ii. Voted to change the name of the “12 Steps in Plain English”
 - iii. Working on additional materials:
 - 1. 50th Anniversary of Basic Text
 - 2. Diversity Pamphlet
 - 3. Disclosure Pamphlet
 - iv. HOW Literature Committee is presenting a Sponsorship and Step guide to FWS
 - 1. HOW is a structured way of working the Steps
 - 2. Seeking feedback and approval to be used in the US. Used Worldwide
 - 3. Link:
 - Sponsorship Committee Conduit – (Chris)
 - i. Nothing to report
 - Steps, Traditions, & Concepts Conduit – (Jayk)
 - i. Voted on posting questions discussion on a FWS Forum
 - ii. Talked about new and old business regarding drafting the Concepts 1-12
 - 1. Sent a completed a draft to the Conference Literature Committee
 - Translation Committee Conduit – (Dana)
 - i. No announcements
 - Diversity Committee Conduit – (Manny)
 - i. Manny had to step down. Will be voting for a new conduit. Dave was a member of the committee and says it has been re-energized.
- q. SLAA Los Angeles, Inc. Board of Trustees (Jenny)
 - Putting forth a call for support for LA Intergroup and FWS
 - As an extension of Step 12, the 7th Tradition supports the group.
 - Several ways to contribute:
 - Increasing personal contributions
 - Donate directly to the Los Angeles Intergroup
 - Become an FWS Lifesaver. Monthly program. Will be matched up to 101k
 - Consider having a conversation at the meeting level
 - Contact trustees@slaalosangeles.org

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- FWS Donations Information – Attached
- COMMENT: So easy to *not* donate. Need emphasize that donations are down at the meetings.
- Concern is that there is lack of Anonymity when donating on PayPal or Venmo. There are suggested ways to donate that are outlined.
- To underscore, down to 1/3 of where we were last year
- COMMENT: We tend to rush through that 7th step announcement. Perhaps takes some time to emphasize how important donations are.
- COMMENT: Seems to work when there are multiple announcements and when the number of people in the meeting is mentioned.
- COMMENT: Make a note in the chat that you have donated
- COMMENT: When you donate online, please include which meeting you are in for records
- COMMENT: Each meeting is autonomous. Intergroup cannot dictate how much people give.
- QUESTION: Can LA also institute a matching program?
 - i. Christina/Jenny will talk about that offline.

r. FWS Board of Trustees – (Christina)

- Shout out to Gabriel who is a member of the F.W.S. Board of Trustees, elected at the ABM
- The Lifesaver Matching program up to 101 K
- Regarding the Treasurer's report, we are doing well in terms of non-designated donations.
- Literature – merchandise is doing well over 20200 dollars due to State of Grace, Literature and Step Questions workbook. Pamphlets, Chips and Medallions are way down. E-book sales are up.
- ABM is not going to be in Sacramento next year. Several cities have made bids.
- One of the projects is digitizing the literature. Have copyright issues. If you have experience, please reach out.
- Putting together a Meeting App Finder with the Technology committee. Need Volunteers.
- Any questions, please email christinajoyempowered@gmail.com
- Gabriel (FWS Trustee) – grateful to be here
- COMMENT: Is great that FWS is doing well, but when that is announced, there is a misconception that LA Intergroup is doing well. Please make the distinction in your announcements.

s. Audio Library Committee – (Natalie/ Jayk)

- Collecting MP3s from speakers. Can bring this up in your business meeting in terms of recording SLAA speakers. There are currently 6 or so recordings up on the Intergroup website. People all over the world who don't have meetings
- For anyone considering recording their share, there is a release that protects anonymity

Please share at your meetings that online shares are available to listen and fellows can consider recording their own shares to contribute. FLYER: <https://tinyurl.com/audioLASLAA>

t. Virtual meetings (Rachel)

- Website updated with new meetings

u. How to return to in- person meetings (Ellie)

- Have discussed gathering experience from fellows. Possible hybrid meetings that are starting up. Waiting for approval from the location. Has been successful with other 12-Step fellowships.

6. Unfinished Business

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- a. Chris M.: Motion for LA Intergroup to approve an effort motion to consider/investigate/organize how to record an audiobook version of the basic text for the hearing impaired and or those who want to just listen to it on audio.
 - Who to inquire? What steps need to be taken to get approval?
 - There is an audio recording of the basic text available. It is currently on CD-ROM through FWS.
 - Chris would like to spearhead converting that into digital format
 - Email Christina. This is what she is working on with the technology committee.

7. New Business

- a. If you have new business, email Dave: secretary@slaalosangeles.org

8. Open Positions for the remainder of the year

- a. Treasurer (remaining 2020; 1 year sobriety)
 - Already have a volunteer who is not present this month
 - No additional volunteers or nominations
 - MOTION: Postponed until next month when the volunteer can step in. Diane will fill in as CFO.
 - PASSED**
- b. Assistant Treasurer (remaining 2020; 6 months sobriety)
 - MOTION: Postpone the position until after we have a treasurer
 - PASSED**
- c. Diversity Committee Conduit – 9 am the First Saturday of the Month
 - No nominations. Tabled to next month.
- d. Phone Line
 - 3 months remaining on the commitment
 - VOLUNTEER: Claire
 - PASSED**

9. Tabled Business

- a. Max C.: Motion to get a money/bill counter for LA Intergroup Treasurer
Tabled until we meet in person again
- b. Diane H.: Monthly donation to FWS to take advantage of gift match program
Tabled until finances are in order

10. Final Treasurer Report – will be brought up in next month's meeting.

11. Announcements for the Good of the Order

- a. Australia is hosting workshops. Information has been attached

12. Adjournment – adjourn meeting at 1:45 PM PST, unless a vote is called to extend. Close meeting w/ "WE" version of the Serenity Prayer.



The Los Angeles SLAA Intergroup Presents:

Relationship with Self

“We learn to accept and love ourselves...”

Hosted On-line via ZOOM*

Saturday, Sept 19th from 1:00 to 4:00PM (PST)

*FREE to Attend, Workshop opens @ 12:45pm and starts promptly @ 1:00pm (PST)

Most of us enter recovery with a conflicted sense of self, or a carefully constructed false self, or no sense of self at all. However, many SLAA members have found a whole new relationship with themselves by working the Steps and participating in the Fellowship. This workshop will focus on the relationship we have with ourselves and how to surrender the inner obstacles, or character defects, that can undermine us or keep us addicted.

For more information: contact your Intergroup Rep or gglind@yahoo.com or Karma1225@sbcglobal.net

ZOOM Virtual Workshop - Connection Details

<https://us02web.zoom.us/j/86901524846?pwd=NUZlYlBESExGQzQ4Q0lMWmV4QUF1dz09>

Meeting ID: 869 0152 4846

Password: wrkshop777

<http://www.slaalosangeles.org/>

****Please do not post this flyer or any of the ZOOM details on any public websites****



SLAA Victorian Zoom Convention

slaa.org.au/freedom

Saturday September 19, 2020 10am - 2.30pm AEST

Saturday September 26, 2020 10am - 2.30pm AEST

New Zealand Noon - 4.30pm

South Australia /NT 9.30 am-2pm

Western Australia /Singapore 8am - 12.30pm

US Pacific Friday 18 and 25 September 5pm- 9.30pm

US Eastern Friday 18 and 25 September 8pm- 12.30am

Presented by SLAA Victorian Intergroup

slaavictorianintergroup@gmail.com

Saturday September 19

10 - 11.15 am Speaker Meeting - Jason, sharing his journey of recovery from sex addiction

11.30 am - 12.45 pm Workshop: [The HOW Concept and Tools](#)

1.15 - 2.30 pm Speaker Meeting - A journey of recovery from anorexia

Saturday September 26

10 - 11.15 am Anorexia Workshop

11.30 am - 12.45 pm Speaker Meeting - Bridget W from Auckland sharing her journey of recovery from love addiction

1.15 - 2.30 pm Workshop: [Step Minus One- the missing physical aspects of recovery](#) [Zoom Details](#)
<https://us02web.zoom.us/j/82267609481> Meeting ID: 822 6760 9481

7th Tradition

This will be donated to SLAA Fellowship World Services [Lifesaver Program](#) where your donations will be matched, dollar for dollar. This will double your donation!

slaa.org.au/freedom