

**Last Intergroup(IG) Hybrid Meeting:** December 12th, 2021 @ 3:00 PM **Voting Members:** 24  
**Zoom Meeting ID:** 933 0564 1004  
**Passcode:** 183729 **Location:** Silverlake Community Church

**Chairperson:** IG elections, for 25+ service positions that will start in 2022, will begin this month. This can be a lengthy process, so we will forgo verbal announcements. For all updates, please see written announcements found in the Announcements folder (formerly named the Reports folder) within the IG google drive folder. Will try to spend half of the meeting on elections and other half on motions.

**Record Keeper:** Minutes from last month were approved. See last month's minutes in Google Drive IG folder.

**Treasurer:** See detailed report in Reports folder. Beginning bank balance 1/1/2021 is \$17,999.73. YTD income is Intergroup (\$13,100.14), FWS (\$1,178.66), H&I (\$480.29), Literature (\$6,454.86), and Retreat (\$15,910.00) at YTD total of \$37,123.95. YTD expenses is FWS(Grp) (-\$1,379.82), FWS(IG) (-\$12,094.31), Lit Purchase (-\$3,673.90), Insurance (-\$2,155.00), MISC(rent/zoom/fees/etc) (-\$2,613.24) at YTD expense total of (-\$21,916.27). The ending bank balance 11/14/2021 is 15,207.68. From Annual Retreat (Restricted Cash) \$15,910.00 + H&I \$1,566.25 + Prudent Reserve \$15,000.00 + FWS Donations \$16.00 + Unrestricted Cash \$715.16 is Total Cash of \$33,207.41. - No December Treasury details found.

**The Bottom Line Editor:** New bottom line editor taking over! The bottom line will be getting a much needed design facelift for February. :) Please keep in mind each registered in-person meeting gets 10 copies. The digital copy can be found in the Flyers folder of the Intergroup Google Drive. Email [bottomline@slaalosangeles.org](mailto:bottomline@slaalosangeles.org) to get receive a digital copy for your Bottom Line Newsletter.

**Meeting Registrar:** The website has a list of the 31 known in-person meetings plus Intergroup at <https://tinyurl.com/SLAALosAngelesinPerson>

I've had 7 emails from newcomers looking for meetings since the last intergroup.

Got a couple of reports of people having trouble finding the meetings. If you have a confusing location, consider putting up signage or having a greeter. I've also heard that some virtual meetings do not respond to requests for the Zoom password, so please make sure your virtual meeting contact information is correct and consider having auto-reply setup.

**Literature:** Literature orders (for meetings or personal) can now be picked up at the in-person IG meeting at 3-3:30PM on 2nd Sunday monthly at 2930 Hyperion Ave Church in the large room. Please pre-order your lit orders to expedite the process, <https://www.slaalosangeles.org/copy-of-order-literature>. Please arrive a little early to pick up your order so as to not disrupt the meeting once it starts. You can pay via Venmo or Cash.

**Webmaster:** Check out [slaalosangeles.org](http://slaalosangeles.org), it has a thorough directory of our meetings. It is edited with the Registrar every day. Have you tried to visit an in-person meeting and it's not there? Let us know. Email [webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org) and registrar@slaalosangeles.org and let us know right away. If your in-person meeting wants to be listed on the SLAA Los Angeles website, email us, and it will get listed.

Also please make sure to attend the IG meeting, as our original way of verifying meetings was having them attend the IG meeting at least twice. You can go to the SLAA Los Angeles website for copies of the IG minutes, the most recent issue of The Bottom Lines, the latest Journal question, as well as audio recordings of speaker shares! Email questions or about the want to add/change anything.

**H&I Committee:** Suggest individual meetings elect an H&I rep who can attend the committee meeting (anyone can attend!) on Zoom each 2nd Sunday at 2PM right after IG, MTG ID 817 3556 7176, passcode service. The rep would keep the meeting update on H&I happenings and the importance of H&I. Please share the scripted announcement at weekly meetings. Also looking for participation on our Zoom and in-person panels. Email [SLAAHIC@gmail.com](mailto:SLAAHIC@gmail.com).

**Speaker Seeker Keeper:** Stats for the month are 6 contacts to speakerslist@slaalosangeles.org. 3 requests for speakers list. 3 new speakers added. 0 volunteer removed from list. How reps can help support this program at meetings: please announce at every meeting that meetings need speakers and there is no time requirement! They can volunteer or get the list at, <https://www.slaalosangeles.org/volunteers-speakers-list> Share the flyer in chat on Zoom or pass around at live meetings. If need list of available speakers, send a request to speakerslist@slaalosangeles.org.

**Sponsorship Conduit:** Work continues on sponsorship pamphlet. The committee is working in tandem with literature committee. Recent discussions included revisions of table of contents, the different types of sponsorship and reasons to seek one. Lastly, sober dating guidance is being included.

**Steps, Traditions, & Concepts Conduit:** Reviewed Concept Eight. Confirmed date of next meeting with oncoming holidays. Date is set for Sunday - Nov 28, 2021 at 5PM EDT. Discussed potential "breaches" of traditions with SLAA Australia. The Copyright Committee is looking into the issue.

**Diversity Committee Conduit:** We want to hear people's voices. Contact via webform at [slaafws.org/committee/cdc](http://slaafws.org/committee/cdc) or leave voice mail at FWS office, 1-210-828-7900. CDC committee on 1st Saturdays 9AM Pacific. Workshop subcommittee on 3rd Thursdays at 6pm Pacific.

**New Business:** Elections Cont. Zoom Co-Hosts: - and - were nominated by -. Both were voted in. Literature Rep: - volunteered to continue on as literature rep and was voted in. Journal Rep: - volunteered and was voted in. Webmaster: - was nominated by -. -volunteered. - was voted in. Workshops and Retreats: - was nominated by -. He was voted in. Literature Assistant: - volunteered and was voted in. Assistant Treasurer: tabled. Assistant Webmaster: tabled. H&I Committee Chairperson: -. volunteered to continue in this position and was voted in. Speaker List Keeper: - was nominated and voted in. Audio Librarian: - and - volunteered. - was voted in. ABM Delegates: - and - were voted in. ABM Alternates: - and - were nominated by - and were voted in.

**Announcements for the Good of the Order:** Sunday morning 9 am meeting for healing masculinity is now open to all genders. -Registrar is getting emails that people are contacting meetings to try to get passwords and not getting responses, so please make sure your meeting has an auto-reply or that you are responding in a timely fashion. - is thinking of moving forward without in-person lit reps, she encourages people to place meeting orders for literature online and pick up at the in-person intergroup meeting. - announced that the ABM conference will not be in Los Angeles.

# JANUARY 2022

# THE BOTTOM LINE



NEWCOMER READING MATERIALS AT [WWW.SLAAFWS.ORG](http://WWW.SLAAFWS.ORG)

**Virtual Meeting Guide:**  
[www.slaalosangeles.org/virtual-meetings](http://www.slaalosangeles.org/virtual-meetings)

**In-Person Meeting Guide:**  
<https://www.slaalosangeles.org/copy-of-current-meetings>

**Donations**  
 Paypal app: @slaala  
 Paypal: [donate@slaalosangeles.org](mailto:donate@slaalosangeles.org)  
 Amazon: <https://smile.amazon.com>  
 Choose "SLAA Los Angeles Inc" as your "charity."

**venmo**

@slaalosangeles.org  
 phone # last 4: 8741

Please note in the Memo what the donation is for.

**Local**  
[www.slaalosangeles.org](http://www.slaalosangeles.org)  
 S.L.A.A. Los Angeles, Inc.  
 P.O. Box 480379, Los Angeles,  
 CA 90048, USA  
 310-595-8741

For general questions  
[info@slaalosangeles.org](mailto:info@slaalosangeles.org)

For The Bottom Line requests  
[bottomline@slaalosangeles.org](mailto:bottomline@slaalosangeles.org)

For website inquiries  
[webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org)

**Fellowship Wide Services**  
[www.slaafws.org](http://www.slaafws.org)

## New Year, Same Old Me

"For me, December can feel like a wash in the recover world. My schedule gets off, its tempting to isolate (or see friends and family I'd much rather avoid) and when I'm struggling in my addiction, it feels like "it can just wait 'till the next year" to take action. It's in these moments that I reach out to my sponsor and be reminded to keep it simple, and to live in today. I actually don't have the ability to control tomorrow, and the stress of tomorrow can make me want to act out today. With the added pressure of trying walk into a new year as a brand new person it can be easy to forget what made life in sobriety work. Which, for me, is regularity: Going to meetings, sharing honestly about my feelings and fears, and trying my best each day to work the 12 steps. In Step 1, we Admit we were powerless over our addictions and that it made our lives unmanageable. Today, I am powerless over wanting to have unrealistic expectations for myself as a way to get high off the disappointment or attention it may bring, and recognize that thinking too much into the future makes my life unmanageable. Today, I commit to keeping it simple, and continuing to put together 24-hours of sobriety at a time." - ET

**We Want to hear From You!**  
 Email your experience on Step 2 for February's Edition of The Bottom Line @ [Bottomline@Slaalosangeles.org](mailto:Bottomline@Slaalosangeles.org)

**INSPIRATION LINES**  
 Call for 24/7 relief to listen and be inspired by recorded Speaker of the week for 6-minutes at 215-574-2120 and/or for 20-minutes at 215-574-2121.

**TELEPHONE MEETINGS**  
[www.slaafws.org/telephonemeetings](http://www.slaafws.org/telephonemeetings)  
 View daily schedule with listed time zones and about how to connect.

**"Focus on Sponsorship" Weekly**  
 Zoom Meeting in support of Sponsorship  
 Meeting ID 856 3587 3329  
 Passcode 19865591

**"We Are Not Alone" Daily**  
 Telephone Meeting for Women  
 Meetings are held on an unpublished conference call phone line every day. Call-in number not publicly posted to ensure privacy.

**ONLINE MEETINGS**  
[www.slaafws.org/onlinemeetings](http://www.slaafws.org/onlinemeetings)

**CAPTIONED MEETINGS**  
<https://bit.ly/334wVh1>

For any last minute meeting time or location changes, be sure to email the Registrar at [registrar@slaalosangeles.org](mailto:registrar@slaalosangeles.org) AND leave a message on the phone line at 310-595-8741.

## SLAA LOS ANGELES INTERGROUP OFFICERS

- Secretary - [secretary@slaalosangeles.org](mailto:secretary@slaalosangeles.org)
- Record Keeper - [recordkeeper@slaalosangeles.org](mailto:recordkeeper@slaalosangeles.org)
- The Bottom Line Editor - [bottomline@slaalosangeles.org](mailto:bottomline@slaalosangeles.org)
- Registrar - [registrar@slaalosangeles.org](mailto:registrar@slaalosangeles.org)
- Virtual Meetings Registrar - [virtualmeetings@slaalosangeles.org](mailto:virtualmeetings@slaalosangeles.org)
- Phone Line Monitor -
- Literature Inventory Administrator - [literature@slaalosangeles.org](mailto:literature@slaalosangeles.org)
- Treasurer - OPEN [treasurer@slaalosangeles.org](mailto:treasurer@slaalosangeles.org)
- Assistant Treasurer - OPEN
- Journal Representative - [journalrep@slaalosangeles.org](mailto:journalrep@slaalosangeles.org)
- Webmaster - [webmaster@slaalosangeles.org](mailto:webmaster@slaalosangeles.org)
- Workshops & Retreats Liaison - [workshops-retreats@slaalosangeles.org](mailto:workshops-retreats@slaalosangeles.org)
- Speaker List Officer - [speakerslist@slaalosangeles.org](mailto:speakerslist@slaalosangeles.org)

**Journal Request: Long-term Recovery** - "How do you keep your program fresh and growing?" Due Jan 15th for issue #195. Answer on Google form, <https://forms.gle/v43NfjxseziwCRBQ6>

T H E J O U R N A L

### Humor in Recovery

Got something funny that reflects recovery? Submit a joke or cartoon to the Editor.

Outreach Phone List - Women


Outreach Phone List - Men


Outreach Phone List - All gender

OPEN SPOT	CONTACT EDITOR	TO SERVE
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DAY	TIME	IN PERSON OR HYBRID	Indoor/ Outdoor	LOCATION	NAME OF MEETING	COMMENTS
SUNDAY	8:30 AM	In-Person Only	<b>Outdoor</b>	Los Angeles State Historic Park 1245 N. Spring St. Los Angeles, CA 90012	Focus on Spirituality	10 minute speaker, then shares. We meet at the Northwest corner of the park. Entrance is at Mesangers St and Spring. Exact coordinates are 34.0700275, -118.2292796 . We do 10 min meditation. 10 min share. and open sharing. You need to bring something to sit on - the grass is usually wet. And it gets sunny- umbrella is welcome. You can park in the metered parking lot or on the street for free.
SUNDAY	11:00 AM	In-Person Only	Indoor	West Hollywood Recovery Center room 1 626 N Robertson Blvd West Hollywood, CA 90069	Serenity on Sundays	Closed meeting. All genders. Speaker and Sharing. Meditation. LA County Policy on Masks.
SUNDAY	1:00 PM		Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039	Sunday 1pm Men's Stag	Men's Stag - <a href="#">Enter through door to the right of the main entrance door or the back door in alley if main door to Pathfinders is locked, as staff are not always present in the office, that day may remain locked during meetings. - Registrar</a>  <i>Warning, heard one anecdote that the meeting wasn't there in person when someone showed up the other day. Only one report so far. - Webmaster</i>
SUNDAY <b>Once Per Month Only!</b>	3:30PM <b>Once Per Month Only!</b>	BOTH In-Person AND Online	Indoor	Silverlake Community Church Fellowship Hall (INSIDE BUILDING) 2930 Hyperion Ave Los Angeles CA 90027	Once-Per-Month SLAA LOS ANGELES <b>INTERGROUP MEETING</b>	Once Per Month Only! <b>Second Sunday of the month only.</b> Get there early to sign in, get literature, etc. Anyone can attend. This is the <b>Intergroup</b> meeting for SLAA Los Angeles. Intergroup Reps from each meeting in LA vote on issues that affect LA SLAA and beyond.
SUNDAY	4:00 PM	In-Person Only	Indoor	Presbyterian Church 5751 Platt Ave, Woodland Hills 91367	Step Study	One Hour Step Study

SUNDAY	4:00 PM	In-Person Only	Indoor	SHARE! 6666 Green Valley Circle Culver City, CA 90203	Newcomers "A Path to Healthy Relationships"	Starts 7/18 Co-Ed Speaker Chips Given Newcomer Focus
MONDAY	7:30 AM	BOTH In-Person AND Online	Indoor	Harmony Toluca Lake Church 4301 Cahuenga Blvd Toluca Lake, CA 91602	"Thank God it's Monday: Valley Edition"	1 Hour Alternates between a guest speaker and a Step from the SLAA basic Text
MONDAY	7:30 AM	In-Person Only	Indoor	Community Room (1st floor Garage, thru the brown double doors) at 8000 Sunset Strip in Los Angeles	Sunset Strip Anorexia Focus	Mtg alternates weekly bet. literature and leader shares. Anorexia focus, but all who identify are welcome. Meeting focuses on Anorexia Characteristics and Recovery. SP/H/B/A The Zoom meeting is continuing separately.
MONDAY	8:30 AM	In-Person Only	Indoor	West Hollywood Recovery Center 626 N Robertson Blvd West Hollywood, CA 90069	Thank God It's Monday	No size limit, but please bring a mask Parking at Weho Library on San Vicente All gender
MONDAY	Noon	In-Person Only	Indoor	Colorado Center 2500 Broadway Avenue Santa Monica, CA 90404	Building Relationships	1 Hour All Gender Group Sharing Community Room Across from Helen's Cycles
MONDAY	7:00 PM	BOTH In-Person Only	Indoor	Downtown SHARE! 425 S Broadway Los Angeles, CA 90013	All Welcome Downtown	All Gender- Chips Given - Newcomer Focus <b>NOTE To attendees: please show up at least 5 minutes before the meeting. For safety reasons access is monitored. Our greeter will be at the door.</b>
TUESDAY <b>Suspended Until Further Notice</b>	7:30 AM	In-Person Only <b>MEETING Suspended</b>	Indoor	Farmers Market Community Room		All gender Speaker/Book/Sharing 1 Hour <b>MEETING Suspended</b>
TUESDAY	7:00 PM	BOTH In-Person AND Online <b>Note: Normally 1-5 People Meet in Person</b>	Indoor	St. Luke's Evangelical Lutheran Church, 5633 E Wardlow Rd Long Beach, CA 90808	Long Beach 7 pm Study St Luke's	All Gender Literature Study Chips Given Closed Please bring a mask and be prepared to sit outdoors in the enclosed courtyard, depending on the number of participants <b>Note: Normally 1-5 People Meet in Person</b>
TUESDAY	7:30 PM	In-Person Only	Indoor	Neighborhood Unitarian Universalist Church 301 N. Orange Grove Blvd, Room 25 (upstairs) Pasadena, CA 91103		All Gender C - Closed Meeting H - Handicapped Access N - Newcomer Focus SP - Speaker Meeting B - Book Study L - Literature Meeting K - Chips Given

WEDNESDAY	8:30 AM	BOTH In-Person AND Online	Indoor	West Hollywood Recovery Center 626 N Robertson Blvd West Hollywood, CA 90069 online ID: 88066048247	Healthy Relationships	Will be both online and in-person For online password, email: WeHoRecoverySLAA@Gmail.com
WEDNESDAY	5:15 PM	BOTH In-Person AND Online	Indoor	Church of the Epiphany 2808 Altura St Los Angeles, CA 90013	Anorexia & Love Avoidance	All Gender Open Meeting 1 Hour
WEDNESDAY <b>Men only</b>	5:30 PM	In-Person	Indoor	Farmers Market Community Room 3rd and Fairfax 6333 W. 3rd Street LA, CA 90036	Fantasy Island	Men's Stag 1 Hour Everyone Shares
WEDNESDAY <b>Women only</b> <b>ONLINE ONLY For</b> <b>January</b>	6:00 PM	BOTH In-Person AND Online <b>ONLINE ONLY For</b> <b>January</b>	Indoor	Atlantic Alano Club 600-1/2 Redondo Ave Long Beach, CA 90814 online ID: 86479319674	Healing Hearts	Women only
WEDNESDAY	7:30 PM	In-Person Only	Indoor	West Hollywood Recovery Center 626 N Robertson Blvd West Hollywood, CA 90069	Restored to Sanity	Steps 1 2 & 3 in the Day We Are in All Addicts Welcome / Masks Required Park at Library on San Vicente
WEDNESDAY	8:30 PM	In-Person Only	Indoor	Pathfinders Alano Club 3367 Glendale Boulevard Los Angeles, CA 90039	Meditation	All Gender <b>Getting reports that Google Maps is directing to the wrong location the meeting is on Glendale Blvd about 1 mile north of the 5</b>
THURSDAY	6:00 PM	In-Person ONLY	<b>Outdoor</b>	SilverlakeCommunity Church 2930 Hyperion Ave. Los Angeles, CA 90027	Brunswick Patio	Outdoors in an ampitheater, socially distanced. 1.5 hour, 20 minute speaker, tag-pass sharing on a topic. Chips given for time and for steps. Birthdays celebrated.
THURSDAY	6:30 PM	BOTH In-Person AND Online	Indoor	SHARE! 6666 Green Valley Circle Culver City, CA 90203	Courtship: From Fantasy To Reality	All Gender Chips Given Closed (identify S.L.A.A. only)
FRIDAY <b>Women Only</b>	8:00 AM	In-Person Only	Indoor	Farmers Market Community Room 3rd and Fairfax 6333 W. 3rd Street LA, CA 90036	Farmer's Market Community Room	Upstairs near coffee kiosk Parking available with merchant validation Mask required. Chips Given Alternating Reading and Speaker <b>Women Only</b>

FRIDAY <b>Women and Non-Binary Only</b> <b>Suspended Until Further Notice</b>	10:00:00 AM <b>Suspended Until Further Notice</b>	BOTH In-Person AND Online	Indoor	Pathfinders Club- 3367 Glendale Boulevard Los Angeles, CA 90039	Women and Non Binary <b>COVID-VAX REQUIRED!</b> <b>Suspended Until Further Notice</b>	Women and Non Binary Only
FRIDAY	5:45 PM	In-Person ONLY	<b>Outdoor</b>	<b>NOTE: Ended for the season should restart in the Spring</b>	11th Step by the Sea	Meeting is on the beach between Lifeguard tower 8 and Volleyball Courts. Bring a beach chair and blanket.
FRIDAY <b>Men Only</b>	6:30 PM	In-Person ONLY	Indoor	Café Tropical 2900 W. Sunset Blvd - Back Room Los Angeles, CA 90026	Men's Stag	Men's Stag - Seperate from the virtual meeting at the same time
FRIDAY <b>Women and Non-Binary Only</b> <b>Suspended Until Further Notice</b>	8:30:00 PM <b>Suspended Until Further Notice</b>	BOTH In-Person AND Online	Indoor	Pathfinders Club- 3367 Glendale Boulevard- Los Angeles, CA 90039	Women & Non-Binary <b>Suspended Until Further Notice</b>	1 Hour Women & Non-Binary Only Speaker
SATURDAY	9:30 AM	BOTH In-Person AND Online		MCC - United Church Of Christ 5730 Cahuenga Blvd North Hollywood, CA 91601	Fantasy, Romance, Intrigue	All gender, 1.5 hour
SATURDAY <b>Women and Non-Binary Only</b> <b>Suspended Until Further Notice</b>	10:00 AM	<b>Suspended Until Further Notice</b>	Indoor	Pathfinders Club- 3367 Glendale Boulevard- Los Angeles, CA 90039	<b>Suspended Until Further Notice</b>	Women and Non Binary Only – Sober Sex
SATURDAY <b>Men Only</b>	10:00 AM	In-Person ONLY	Indoor	The Log Cabin 621 N Robertson Blvd West Hollywood, CA 90069	SLAA Beach Boyz	Men's Stag
SATURDAY	10:00 AM	In Person ONLY	Indoor	Douglas Park 2439 Wilshire Blvd Santa Monica, CA 90403	Artists in Recovery	All Gender Speaker Meeting 1.5 hour
SATURDAY	11:00 AM	BOTH In-Person AND Online	Indoor	West Hollywood Recovery Center 626 N Robertson Blvd West Hollywood, CA 90069	Tools of Recovery	
SATURDAY	4:30 PM	In-Person ONLY	Indoor	Pathfinders Club 3367 Glendale Boulevard Los Angeles, CA 90039	Sober Dating	The In-Person meeting and the Online meeting are now two separate meetings