



24th Annual Spiritual Renewal & Recovery Retreat

Updated Safety Requirements – Please Read Carefully!

Retreat Safety Requirements In order to create the safest and most serene environment possible Serra Retreat Center has asked that all attendees meet four basic requirements. Because of the shifting nature of Covid infection and the Los Angeles County covid protocols no one can predict the status of covid, Consequently we must be prepared. Serra has used hotel, resort and airline protocols as guidelines. And a reminder: these are requirements and not suggestions and if anyone can't comply with them, we'll offer a refund. This year we've limited the number of attendees to provide more space in the meeting rooms and chapel.

Requirement #1: Proof of vaccination. You can email a copy of your vaccination card to onefeline@aol.com. Or bring it on the day you arrive. But we must have proof.

Requirement #2: Proof of a recent Covid negative test (last 72 hours). It takes time to get the results of a covid test so plan accordingly. Also, you can buy testing kits in drug stores. Also, you can call also your county health department or your doctor for free testing locations. You can email test results to onefeline@aol.com or bring them with you when you arrive. But we must have proof.

Requirement #3: All attendees must wear a face mask when in any of the buildings. We've used the CDC guidelines for masks,

Permitted Masks:

- Disposable surgical or medical masks
- Cloth masks with tightly woven fabric (2 or 3 ply masks are recommended) • Valve-free respirator masks (N95 or KN95)
- Cloth masks with a clear plastic window
- Gaiters with two layers (single layer gaiters should be doubled over)
- Plastic face shields or goggles may be worn in addition to a mask but are not approved mask replacements

Masks Not Permitted:

- Any mask with an exhaust valve
- Masks with slits, punctures or holes
- Bandanas, scarves, ski masks, and balaclavas
- Novel and battery-operated masks that do not meet the specifications of the permitted masks listed above
- Full-head helmet-type masks

Requirement #4: Complete a Serra Retreat Center Health Questionnaire. They will be emailed in early November and also be available when you arrive at Serra.

Questions: Call 323-933-6015, or email onefeline@aol.com or gglind@yahoo.com