

SLAA Los Angeles IG Agenda – September 12, 2021

√1. Serenity Prayer

√2. Readings

- Twelve Traditions
 - Updated Thirty Seconds of Silence POLICY
 - Voting Policy (Volunteer for vote counter)
 - Timer Policy (Volunteer for announcing the Time every 15 minutes)
-

√3. Attendee Introductions

From Registrar (in chat)

https://docs.google.com/forms/d/e/1FAIpQLSd144hhTEmlg2iZnznzVhb48iK3SyL06v-ZcyDFETINZ_ZMRw/viewform

- people introduced themselves
 - only one person per meeting gets a vote
-

√4. Take Count of Voting Members

- Voting members are either intergroup reps (representing a meeting) or committee representatives. People representing multiple meetings or committees count as only one vote.
 - There were 41 voting members
-

5. Officer & Committee Reports

√Secretary – (Mona) – secretary@slaalosangeles.org

The purpose of this intergroup is to serve the SLAA groups of LA county, not to govern (Tradition 2). The intergroup has no power to tell any group what they should or shouldn't do. However, I feel I wouldn't be of service to the groups if I didn't speak up about about an extremely disturbing trend that is taking place among groups that are trying to exclude specific members from meetings.

The ONLY requirement for SLAA membership is a desire to stop living out a pattern of sex and love addiction (Tradition 3). If someone is here and they want to get better, then they are welcome. Even if we don't like them. Even if we think they're a jerk. EVEN if we think they are "unsafe." After all, most of us have behaved in ways that were "unsafe" in our addictions. I can tell you that I, for one, have been

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“unsafe,” even violent, in my addiction. I have even had an ex take out a restraining order against me. But thank God nobody ever deemed me too dangerous to be allowed into meetings!

When I have a problem with someone in a meeting (and believe me, I have plenty), that’s an opportunity for me to work on something in myself. (I highly recommend the excellent SLAA booklet “Triggers as a Resource.”) This program does not promise me that I will never feel uncomfortable. In fact, learning to handle my own discomfort is what keeps me sober. My first sponsor used to say “I can measure my recovery by the amount of discomfort I can tolerate.” She also taught me that, because of my disease, I sometimes can’t tell the difference between *feeling* unsafe and actually *being* unsafe. I can feel unsafe in situations that are actually completely safe (and yet I have put myself in truly dangerous situations without ever realizing just how unsafe I was). I think we can all benefit from asking ourselves “Am I *actually* unsafe right now, or am I just uncomfortable?”

Additionally, SLAA takes no opinion on outside issues (Tradition 10), and an interpersonal conflict between two members is definitely an outside issue. The group must have no opinion. The individual members *within* the group can have all the opinions they want, but the group does not take sides. Taking sides in an interpersonal conflict threatens the unity of the group, and our personal recovery absolutely depends on unity (Tradition 1). Let us not forget that our only purpose is carrying the message to the sex and love addict who still suffers (Tradition 5) - even if we don’t like them.

Thank you for listening, and thanks again, Dave G., for covering for me this month!

*** a new voting member of intergroup raised their hand to state that this did not feel like a report, but more like somebody’s personal take on a very complex issue

√**Record Keeper** – (Katie)

See last month’s minutes in Google Drive Intergroup folder.

√**Treasurer (DeTria)**

See detailed report in Reports folder.

AUGUST TREASURY REPORT

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BEGINNING BANK BALANCE

\$32,901.21

AUGUST INCOME				
Intergroup	FWS	H&I	Literature	Retreat
Monthly Total				
\$848.50	\$36.83	\$0.00	\$790.80	4,530.00
\$6,206.13				

AUGUST EXPENSES				
Market Place	Website	Lit Purchase	Zoom	Other
Expense Total				
-\$25.00	-\$89.72	-\$598.10	-\$32.68	-5.53
-\$751.03				

ENDING BANK BALANCE

\$38,356.31

√Bottom Line Editor – (Jamie)

This 4-page digital newsletter now includes the Registrar's in-person meeting list (as of 9/10/21). FYI, I deleted several of the suspended meetings from this list to save space.

If you are an Intergroup Representative for an in-person group meeting that is on the Registrar's list, then you may pick-up 10 printed copies of The Bottom Line for distribution within your group. I would have your copies, at no cost for you, at the next in-person Intergroup meeting.

√Meeting Registrar – (Dave)

Please sign in for your meetings at <https://forms.gle/wvu3vNKtBrqMua229> using following options:

In-Person ONLY, In-Person (currently suspended due to COVID), Hybrid Both In-Person AND Online, Online ONLY

If you represent more than one meeting, please fill out the form for each meeting.

The website has a list of the **28** known in-person meetings at <https://tinyurl.com/SLAALAMeetings>

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Got a couple of reports of people having trouble finding the meetings. If you have a confusing location, consider putting up signage or having a greater.

If you email me and the webmaster with the in-person meeting information, the spreadsheet will normally be updated with 24 hours.

Virtual Meeting Registrar – (Matt)

No report submitted.

√ **Phone Line – (Kev)**

√ **Literature – (Claire)**

\$1330.10 last 30 day revenue as of Sept 2021 intergroup.

Make sure to let buyers know to put “literature” in the Venmo or PayPal memo description section. If you are a lit rep for an in person meeting you can still currently schedule a lit order with me whenever just email me at literature@slaalosangeles.org and look at directions on how to order on our website at slaalosangeles.org/order and inventory and costs and how to pay. Depending on if we go back to in-person Intergroup we will determine if we want to continue to do additional pick up/drop off people outside of just the Intergroup meeting once a month which was how we did it before the quarantine.

LIT. REPS. - I have a suggestion to improve literature sales, if you do not already, maybe try highlighting one piece of literature you like in your announcement and then of course always sharing the link in the chat to our order page slaalosangeles.org/order. Thanks!

THE MORE YOU KNOW: We buy in bulk for max discount and our Intergroup covers taxes and shipping so In-Person literature is the best deal if you live in LA, but you can still always buy directly from slaafws.org where there are more items like audio converted literature options, or all the Spanish literature (that we in LA Intergroup do have for free available upon request, email literature@slaalosangeles.org if you would like some).

√ **Journal Rep – OPEN**

Position needs to be filled

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√ **Webmaster – (Jayk)**

Do you want the latest news on in-person meetings, special SLAA events, and further goings-on in our community? Check out the slaalosangeles.org website, it's a special place, and it has a thorough directory of all our meetings.

With in-person meetings opening back up, there is now a consistently updated spreadsheet of new in- person meetings on the website. We edit it every day. I created a Google Sheet and filled it in with all the information we have, and then gave Registrar Dave access to edit it, so currently both he and I are updating information as information changes.

Have you tried to visit an in-person meeting and it's not there? Let us know. Email me and the registrar and let us know right away. Please email registrar@slaalosangeles.org and webmaster@slaalosangeles.org .

If your in person meeting wants to be listed on the SLAA Los Angeles website, email us, and it will get listed. But also please make sure to attend the Intergroup meeting, as our original way of verifying meetings was having them attend the Intergroup meeting at least twice.

Between Aug 8 to Sept 9 we had 6,957 total site sessions, with 3,827 unique visitors. 2818 new visitors, 1019 returning. We had visitors from as far away as Bangladesh, Jordan, and Uganda! Our site is still most popular on Tuesdays at 7pm.

You can go to the SLAA Los Angeles website for copies of the Intergroup minutes, the most recent issue of the Bottom Lines, and to find the latest Journal question, as well as to find a directory of audio recordings of speaker shares! Got any questions or want to add/change anything? Email me at webmaster@slaalosangeles.org

√ **Workshops & Retreats – (Gil)**

The SLAA Los Angeles Workshops & Retreats Committee Presents: BUILDING PARTNERSHIPS

'...we came to find intimacy with ourselves, intimacy with God, and then intimacy with others.'

Saturday, September 18th from 1:00 to 4:00PM (PST) via ZOOM

*FREE to Attend; Workshop opens @ 12:45pm & starts promptly @ 1:00pm (PST)

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Our Basic Text suggests that a major sign of recovery is the ability to form trusting ‘partnerships’ with ourselves, God, and with others. However, fear, resentment and our character defects can undermine this task. Join members of SLAA as we explore barriers to healthy relationships. There will be a speaker on each topic and each speaker will be followed by small group discussions. The workshop won’t focus on building primary-exclusive partnerships but rather on the daily relationships we have with ourselves, God, and with others. For more information: contact your Intergroup Rep or gglind@yahoo.com or gilh.recovery@gmail.com

ZOOM Meeting ID: 843 0633 4257 Password: wrkshp4

****Please do not post this flyer or any of the ZOOM details on any public websites****

MALIBU RETREAT INFO:

Friday, November 26th through Sunday, November 28th Serra Retreat Center,

Malibu, California

Our 24th annual SLAA retreat will be held once again at the Serra Retreat Center, a monastery located in the foothills of the Santa Monica Mountains overlooking the Pacific Ocean. Surrounded by quiet gardens and fountains, the Center is the ideal setting for a re-commitment to personal recovery.

The retreat was developed as a time for reflection and renewal with plenty of opportunity for quiet walks and conversation. Planned activities include workshops, small group sharing, a recovery panel, keeping current meetings, and group activities. Also, the retreat is a

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fundraiser for FWS (Fellowship-Wide Services) and a portion of the proceeds will be sent to them.

\$250 each shared/double room occupancy or \$310 single room occupancy before November 1st
\$270 each shared/double room occupancy or \$330 single room occupancy after November 1st

Retreat fee includes room, linen, all meals from dinner on Friday night until lunch Sunday, and all activities. Registration and attendance limited to 70 people so early registration strongly advised. No scholarships or refunds available – we ask you to find a replacement if you've registered and can't attend.

To register, send this completed form and retreat fee to: SLAA-L.A., % G. Lindsay, 756 So. Plymouth Blvd, No 3, Los Angeles, CA 90005

Make checks payable to: S.L.A.A. Los Angeles, Inc Directions & instructions will be sent to you on receipt of your registration For additional info: 323-933-6015 or gglind@yahoo.com

√H&I Committee – (Rachel W)

The H&I Committee would like to suggest that individual meetings elect an H&I rep as a new service position. This service person can attend the committee meeting (anyone can attend!) each 2nd Sunday once a month and keep the meeting updated on H&I happenings and the importance of H&I. And to please share this announcement at their meetings each week:

My name is _____ and I am a Sex and Love Addict.

H&I stands for Hospitals and Institutions. We are a subcommittee of SLAA. We bring the message of SLAA recovery into places where there are addicts who cannot get to meetings.

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Anyone can come and join the committee. It's a great way to be of service, practice the 12th step, and carry the message. You can get involved with this committee by attending the H&I Committee meeting on the 2nd Sunday of every month at 2pm on ZOOM, right after intergroup. See me after the meeting for the link or I'll post it in the chat.

Topic: H&I Committee Meeting

Time: This is a recurring meeting Every 2nd Sunday at 2:00 PM after intergroup

<https://us02web.zoom.us/j/81735567176?pwd=Yzd3UE5GUlUxRzZPMVJ0SC90bG14dz09>

Meeting ID: 817 3556 7176

Passcode: service

Thank you for letting me be of service.

We are open to suggestions for H&Is to reach out to and are looking for people willing to participate in Zoom as well as in person SLAA panels!

Email slaahic@gmail.com to get involved and also attend the meeting on zoom!

√ Speaker List Keeper – (Matthew)

Stats for the month:

11 contacts to speakerslist@slaalosangeles.com 8 requests for speakers list

5 new speakers added

1 volunteer removed from list

How reps can help support this program:

- Please make an announcement at every meeting that meetings need speakers and there is no time requirement! They can volunteer or get info at <https://www.slaalosangeles.org/volunteers-speakers-list>.
- Share the flyer in chat on zoom or pass around at live meetings.

Also, if they need a list of available speakers, they can send an email to:

speakerslist@slaalosangeles.org

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Thank you for your support!

Literature Copier – (open)

Audio Library Committee – Terhys

- Needs someone to take over the commitment
 - The audio library is a place where people can submit their recorded shares (after they sign the waiver!)
-

√ ABM Delegates – (Glenn S, Jayk, Dianne, Gil, Robin (alternate), Rachel (alternate))

FWS Conference Committees:

Literature Committee Conduit – OPEN

Sponsorship Committee Conduit – (Key)

Key wasn't able to attend the last meeting.

Steps, Traditions, & Concepts Conduit – (Noah)

- Group is reviewing the Concepts and reviewed Concept Six.
- The CLC edited Framework for Living (Twelve & Twelve & Twelve) has been received by the committee (from the CLC) and was reviewed.
- Dave G is creating an outline on the practical application and spiritual principle of "Anonymity" and is bringing it to the next Group for input.

Translation Committee Conduit – Jennifer

Diversity Committee Conduit – (Forest)

Email Forrest at forrestxii@gmail.com if interested in coming to the CDC meeting. First Saturdays 9am pacific

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SLAA Los Angeles, Inc. Board of Trustees – (Dave G, chair)

https://drive.google.com/file/d/1PIrHlpMKdtYW5zX19B_6CDILVpeo2TRv/view

6. New Business

- a. Sarah made a substitute motion that we go to in person hybrid meetings and that motion passed.
- b. MOTION: Move the intergroup meeting to SHARE! Culver City, maintaining Zoom hybrid option for those who aren't ready to attend in person. (Max) – see "Motion A" attachment for more details
 - i. 13 people raised their hands to vote for this location.
- c. MOTION: Move the intergroup meeting to Silverlake Community Church, changing the start time of the meeting to 3:30 PM, maintaining Zoom hybrid option for those who aren't ready to attend in person. (Jayk)
 - i. 28 people raised their hands to vote for this location, so the Silverlake location will be our new meeting location for intergroup.
- d. Fill open service commitments:
 - § Audio Library Rep
 - § Journal Rep
 - § Mail Clerk
 - § FWS Committee Liaisons
- e. Item for Discussion: Groups attempting to exclude specific members from meetings and how this goes against our 12 Traditions. (Nancy)
- f. MOTION: In order to be listed in the SLAA Los Angeles meeting directory, groups must agree to abide by the 12 Traditions. (Kelsey)

***items d,e,f will be tabled for next month because we ran out of time at 2:00 pm PST

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7. Announcements for the Good of the Order

None

8. Adjournment

Vote was called to extend meeting 10 minutes in order to vote on the new location. Meeting was ended at 1:55 PM PST. Close meeting w/ “WE” version of

the Serenity Prayer.

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