

August 12, 2018

L.A. Intergroup SLAA - PO Box 945, Venice, CA 90294-0945

Michael called the meeting to order: 12:15 PM

1. Serenity Prayer ("We" version)
2. Readings
  - a. 12 Traditions (Dan)
  - b. Updated 30 seconds of silence policy (Armando)
  - c. 3 person serenity Committee: Glen, Jenny, Jane
  - d. Reading of voting policy (Armando)
  - e. Reading of timer policy (Armando) (Timer volunteer: Natalie)
3. Attendee Introductions
4. Take count of voting members (Katie) = # 45
5. Officer & Committee Report
  - a. Secretary (Michael)
    - i. Welcome new IG Reps - pass out IG Manuals
  - b. Record Keeper (Diane H.) read minutes from last meeting. Vote to approve with # 41 votes
  - c. Bottom Line Editor (Matt) - added flyer for Body Image women's mtg. / next issue will have the Workshop on it; request for other content to be put on BL, every meeting can have 10 free copies, additional #10 for \$3
  - d. Phone Line (Max) - report on calls for this month; 6 calls re: basic info
  - e. Meeting Registrar (Christina) - please add your contact numbers if you are a new rep or a temp. Clip board is passed around for IG Reps to sign in - please write legibly! - Better yet, come early so Registrar can meet you and sign you in; Is your meeting a Closed Meeting? - please send an email to the [registrar@slaalosangeles.org](mailto:registrar@slaalosangeles.org) to update Meetings List
  - f. Literature (Desiree) - Reminder to place literature order on SLAA Los Angeles Website at least 24 hours prior to IG meeting to expedite process; or come before noon so as not to disrupt meeting. Can get discounted \$36 new meeting literature package - need to register meeting with FWS - Christina can assist; Lit. Rep. Assistance - (Claire)
  - g. Treasurer (Dave) - If you get a new meeting packet - it's subsidized by IG; please submit donations in larger bills if possible; please turn in both copies of the receipt; white copy will be returned to you
  - h. Mail Clerk (Glenn F) - received mail; receipts for donations to FWS; Current Mail Clerk (Gene) has been absent for several months - will speak with him to see if we need to vote for a new one at the next IG meeting.
  - i. Journal Rep (Kirsten) - Journals available on FWS Website, New Question of the Day for publication in the Nov/Dec Journal: "How do you recover from acting out with someone in the Program? How do you act around them, around your group?" Submit by Sept. 15
  - j. Workshops & Retracts (Glenn I) - distributed flyers for next Workshop - Sept. 15<sup>th</sup> which is the last of the year; - will be a different format: 3 panels - one on Steps, Service, Sponsorship - more informational than the other format.

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- j. Workshops & Retreats (Glenn I) cont'd: Distributed Annual Retreat - weekend - starts on Fri. after Thanksgiving, very quiet, mainly in one group, meditative; Sat. afternoon from after lunch to dinner - group meditation; play instruments, go to beach, etc.; have to pay for all weekend - not for one day; can come late; closed must be in SLAA; no animals
- k. Webmaster for SLAA Los Angeles IG Website (Diane) – Monthly Statistics: Page views: Current Meetings: 6,237; Welcome 1,763; New Meetings: 364; 40 Questions: 243; What is SLAA 177 and Literature Overview: 92; 6,832 total Sessions; 10,503 total Page Views
- l. J & T Committee (Jails & Treatment Centers) (Katie) a member of the committee who runs two panels in the valley - need volunteer to lead a panel (similar to a secretary of a meeting, but once / month.) Meet after IG here in the same room; Conglomerate of hospitals - provide them with info re: SLAA - to share with patients; Jail meeting still running every Sat. morning - members still need to fill out application to participate
- m. Social Committee (David) – absent, no report
- n. Conference Literature Committee Conduit (Dave) The new S.L.A.A. Meditation book will be printed this year – meetings that use “Answers in the Heart” might consider switching
- o. Sponsorship Committee Conduit (Glenn) FWS website - links to all the committees - started as Long Distance sponsorship - changed to weekly sponsorship call - (info is on front of BL) 5 PM Pacific Standard - if want to be a sponsor, can go on the call and find sponsees; people who live in remote areas can find sponsors
- p. Speaker Seeker List Keeper (Michael ) can request access to it, can sign up to be on it Literature Copier - need more for next time
- q. ABM Delegate Announcements (4 people from LA Intergroup went: Carol, Christina, Mona and Dave G. went to Annual Business Meeting of SLAA Worldwide in San Antonio, TX:
  - 1. (Carol) gave overview report (see attached.) Take the info back to meetings - what is FWS, what do they do for us, why give \$, etc.; (FWS publishes all SLAA literature; (shipped 80K pieces of literature in the past year;) Daily Meditation Book was unanimously approved! 12 Concepts of SLAA - for next year; Online survey; The Stories Project - written & audio
  - 2. (Christina) 1 week SLAA HOW (UK group) want to be able to sell their literature Diversity Committee - call - 9AM PST 1st SUN. of the Month - email Christina [registrar@slaalosangeles.org](mailto:registrar@slaalosangeles.org)

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3. (Mona) carrying the message of SLAA worldwide - all the committees (anorexia - literature) anyone can be on these committees - visit [www.slaafws.org](http://www.slaafws.org)) Healthy relationships committee; gift of no contact pamphlet up for feedback; steps,trad,con - working on; Conference committees - fill out contact form

- r. Kirsten - Journal Rep - / also ABM Delegate; QOTD - “How do you recover from acting out with someone in program? How do you act around them and ... your group” Journal - \$4; Forgiveness - \$4; Booklets - sober dating, anorexia, more coming - \$5; Always looking for more entries, any topic, 500 - 2500 words (link on website)
- s. Translation Committee Conduit (Jake) no meeting this month due to ABM; looking to add “local stories” in different countries languages in the basic text; Singapore, France, Montreal; Request help - email address;
- t. Steps, Traditions and Concepts Cmttee Conduit (Diane) We need a new chair ; 4th Sunday of the month - 1 PM 4th Sun.

6. OLD Business

- a. Christina - item for Discussion: institute a vetting process for New Meetings; prior to them being added to the Official SLAA Los Angeles Meeting List. These meetings have not been verified by the LA IG Intergroup. Table for discussion: See SLAA Basic Text re: special interest groups

7. New Business - need Sponsorship Commtee Conduit (currently Gene – will try to contact)

8. Final Treasurer’s Report - rec’d \$2558.62 = \$1881.30 IG \$ 535.50 FWS 141.76 J&T  
\$1248.25 literature sales

9. Announcements for the Good of the Order - Jason, Dan, Claire helped set-up;

10. Adjournment - adjourn the meeting at 1:46PST,

Close meeting with the “We” version of the Serenity Prayer, hand holding is optional