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## The Monthly Review

### From the Chair

#### MaxB – November 2023

We only had a couple fellows at our meeting in October. Our next meeting will be on Saturday November 4 at 4pm on Zoom. We truly need to rededicate ourselves to service. If you request to be of service with Hospitals and Institutions and in the past and became frustrated, as there were so few or no opportunities to be of service. We need to remember that working outside of a bureaucracy attempting to gain access can be a challenge.

We currently have only three recovery programs that allow our fellowship access. The Tarzan treatment center is a great model, it has been up and running for a few years. Why is it sustainable? Fellows that are driven to keep it going. Thanks to Glenn and Ava being of service, it allows the Tarzan treatment center to be a viable resource to be of service and carrying the message.

If as a fellowship, we wish to expand our outreach we must be willing to reach out to those in need. Bureaucracy can only be overcome by communication. Many of us have personally or have others we know that have been in a recovery or treatment center, we may or know others that work for recovery or treatment centers.

The largest obstacle for some of us is exposing our addict self that is in recovery to those we know. Being a member of Hospitals and Institutions can require us to relinquish some anonymity, we only free ourselves from this fear by fully participating in the process of recovery.

### Are you ready to “Carry the Massage”

**Our Mission:** As a Committee, our purpose is to carry the message to sex and love addicts who are unable to attend regular meetings due to ongoing treatment or incarceration, with the hopes and prayers that recovery can make a difference in their lives.

#### Who is qualified to be of service to the H&I Committee?

There are no qualifications to serve on the H&I Committee. To be on H&I panels and lead in-house meetings some institutions may require background checks or time in recovery or sobriety to participate.

As a committee we will find opportunities for all fellows to carry the message.

If you are asking, how can I be of Service?

All are Welcome – All you need to do is reach out. Contact Us:

Chair: MaxB  
Phone: 732-337-1926  
Email: h-and-i@slaalosangeles.org

WEB Form:  
<https://www.slaalosangeles.org/jails-treatment-cntrs>

Mail:  
Attn: H&I Committee Chair  
SLAA Los Angeles  
P.O. Box 480379  
Los Angeles, CA 90048